

WENDY SPREADS WORD ON TRANSPLANTS AFTER HER OP



It is 10 years since Wendy Sincock woke up with a new lease of life after a kidney transplant. Mrs Sincock, from Spreyton, had been unwell for years before she got the transplant she needed.

And now, with more than 60 Transplant Games medals to her name, she is dedicated to raising awareness of what can be done.

To mark World Kidney Day yesterday, Mrs Sincock joined up with Exeter Kidney Patient's Association and Spreyton Primary School for a mass balloon release.

She said the recovery she had made and what she had gone on to achieve encouraged her to raise awareness of how unwell people could get - and how people could help.

"As soon as I woke up I felt completely better," the 49-year-old said. "It was like my old body had gone and I had a new body again. Everything was fantastic.

"I'm still here and now I want to do as much as possible for organ donations."

Mrs Sincock's renal failure was not diagnosed straight away. She had been unwell for 12 months but remained undiagnosed until she moved from Exeter to Spreyton and registered with a new doctor.

She was taken to hospitals where tests finally showed she had glomerulonephritis, a type of kidney disease.

"I was diagnosed in late January and they said it would be 12 months before I needed dialysis," she said.

"But within eight weeks I was in hospital everyday having dialysis because my health had deteriorated so quickly."

She was on holiday in a caravan when a policeman knocked on the door and said they'd found a donor match.

The weather was too bad to be lifted by air ambulance, so she was taken to Carmarthen by ambulance, then on to Bristol for the transplant op.

"Here I am ten years down the road," she added.

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